



Revision Planner

1

Start early ...

"Cramming" at the last minute does not work. My brain cannot cope with too much information at one time and therefore does not store it properly

Plan my revision timetable carefully and STICK TO IT. Fine the best time for me to revise

Devise a revision plan for each subject which complements my revision timetable

Plan at least two hours a day revision at the weekends and throughout holidays

Organise my exercise books and folders so I know where they all are. If there are any gaps, see my teachers

Try some different revision activities to see what works best for me

2

Revise Effectively

After two weeks, review my revision timetable and change anything that isn't working i.e. Some of my subjects may require more revision that I originally thought

Revisit my timetable when I have more study time available e.g. Weekends and holidays

Find somewhere quiet to revise away from distractions. Do not revise in front of a switched on TV and do not play music that has a beat. Research has proven that music with a beat hinders the revision process

Think about who I could have as a 'study buddy'

Don't believe my friends when they say they are not revising .. Concentrate on my OWN revision

Success!

My Exam Timetable

Date	Subject	Time	Location

3

Ways to Revise

Revise in short bursts of approximately 20 mins
Take regular short (5min) breaks
Vary the subjects I revise in each session

Visual

Highlight key words in colour
Create & memorise mind maps, diagrams, timelines, charts etc
Create illustrated cards & posters
Write/rewrite facts, formulas, notes on post-its & stick them around your room



Auditory

Say it out ALOUD
Explain it to someone else
Devise and learn mnemonics to provide triggers
Set information to rhyme, rhythm & music
Record or video myself and listen to it



Kinaesthetic

Write out key words
Make charts, grids, timelines & diagrams
Re-enact situations while studying
Construct things while studying (house of cards etc.)
Make revision cards—questions one side, answers the other
Test myself - put what I know in one pile and what I need to work on in another



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In the Exam

Read each exam question carefully. Check how many marks are available for each answer as this will give me an indication of how long to spend answering the question

Answer the questions I find easiest first. Don't spend time on questions I am unsure of until I have been through the whole paper

Read graphs, tables & pictures carefully

Allow time to proof read my answers, checking spellings & calculations

Use subject specific key words and make sure my spelling is ok and handwriting is neat

6

On the Exam Day

Get up early on the day of my exam and make sure I eat breakfast to help give my brain a boost

Wear my full school uniform, including blazer

Make sure I get to the exam room with time to spare, this will help me feel relaxed

Be prepared for my exam on the day, with **black** pens, pencils, eraser, ruler and calculator

Remember my candidate no: _____

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Look after myself

I revise best when I am NOT tired, some people prefer to revise in the mornings, others prefer the evenings. The _____ suits me best

My brain only works effectively for about 20 mins, after that I should take a short break. I should only study six 20 minute sessions in one go

I need to eat healthily and drink plenty of water regularly. I should avoid too much caffeine and sugary drinks

I must also exercise regularly as exams are not just mental taxing but also physically demanding. A healthy body and a healthy mind!!!

I must go to bed at a sensible time and have plenty of sleep

I need to relax and maintain my social life as I need to keep things in perspective

If I am worried, I should talk to my parents, my teachers or the year team (My form tutor, Mr Allbut & Mrs Hadley) as they might be able to help me

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