

YEAR 11

REVISION

Why is revision so difficult?

- It's boring – just doing the same thing over and over again
- It takes hours
- It's difficult to find the time
- It's hard to know when you have done enough

But it doesn't have to be so difficult!

Think about these revision tips and it will help you become more successful with your revision.

- Start early – “cramming” at the last minute does not work. Your brain cannot cope with too much information at one time and therefore, does not store it properly.
- Plan your revision timetable carefully and stick to it. Find the best time for you to revise and try to always revise at this time.
- Organise your exercise books and folders so you know where they all are. If there are any gaps see your teachers.

10% can mean a grade improvement

- Revise in short bursts.
When you revise your concentration will be good at the beginning, sags in the middle and improves towards the end of the revision session.
If you revise in short bursts your concentration is kept at a higher level.
So revise for 30 minutes then take a short break (10 – 15 minutes). Then do another 30 minutes and so on.
- Vary the subjects you revise in each session.
- Do not play music that has a beat. People say they revise better with music. But research has shown that music with a beat hinders the revision process.

Remember everyone can improve their GCSE grades

- Do not revise in front of a switched on TV!
- Find a quiet place to revise away from noisy brothers or sisters. Ask people not to disturb you. If home is too noisy try the local library.
- Eat properly and drink water regularly.
- Exercise in your breaks away from revision. Exams are not just mentally taxing but also physically demanding. A healthy body and a healthy mind!

Ways to Revise

There are many different ways in which you can revise. However, most people are agreed that just reading through your work is not enough. Here are a few ideas that may help you find the best way for **you** to revise.

Don't believe it when your friends say they've done no revision

Pick a subject and....

1. Start by reading through your notes from lessons
2. Concentrate on a certain theme
3. Begin to highlight key words and ideas in individual topics within the theme
4. Write out the highlighted key words and ideas from above on to sheets of A4. Set out in key concepts, ideas, formulae, dates, case studies, events, terms, etc., etc.
5. Use your new notes, organise them and transform them into bullet points, lists, mind maps, headings and sub headings.

6. Now condense the above mind maps or bullet points into single words and make lists on Cards.
7. Read through your cards. Keep re-reading them (as many as 10 times). As you read through each word on the card think about all the information that lies behind it! Use these “trigger” words to unlock your knowledge.
8. Read card, cover it and repeat it orally or copy it out. What did you miss? Repeat the process until you get it right. You can even get someone to test you.
9. Apply your knowledge. Do past papers and get ready for the exam

Remember this is only a suggestion of a way to revise.

Do what ever works best for you!

*Now it's up to you....
Only you can make a difference
now!*

**It is your Future – Take
Control**